



St Anselm's Catholic Primary School
Impact of the PE and Sport Premium 2019-2020



PE and Sport Premium (PESP) proposed expenditure 2019-2020

In 2012, as part of the Government's legacy to the Olympic and Paralympic Games, it was announced that there would be new funding of £150 million available to schools for physical education (PE) and sport. This funding should be used to improve the quality and breadth of PE and sport provision.

In July 2017 it was announced that schools with 17 or more eligible pupils receive £16,000 and an additional payment of £10 per pupil and the DfE have confirmed that the investment will remain doubled at £320 million for 2018/19.

From September 2019 to April 2020 St Anselm's Catholic Primary School have 240 eligible pupils and will therefore receive a sports premium of £18,400. This is in addition to the School's existing budget for PE and therefore £19,000 will be spent on improving PE and sports quality and provision at St Anselm's Catholic Primary School.

As the school was placed into lockdown on 20th March 2020 and all sports competitions were cancelled, a total of £12,243.25 was spent in the 2019/20 academic year. The remaining budget of £6,756.75 will be carried forward to the 2020/21 academic year and will be spent in full by 31st March 2021, in line with the guidelines published by the Department for Education.

There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport.

St Anselm's Catholic Primary School believes that PE is a unique and vital contributor to a pupil's physical development and well-being. We recognise that pupils have a right to a PE curriculum that promotes positive attitudes towards active and healthy lifestyles. It is therefore our aim to deliver a broad and balanced PE programme in a safe and supportive environment.

This year, our principle aim is to for all children to be active for at least 30 minutes per day at school, excluding PE lessons and break-times. We also want to raise standards in PE and school sports, increasing the participation and opportunities offered to our children.

In summer 2018, St Anselm's Catholic Primary School was awarded a 'Silver Award' by the School Games Mark. This academic year, we have an action plan in place to meet the prerequisites of the 'Gold Award'.

Provision of Swimming at St Anselm's Catholic Primary School

Swimming and water safety has been a requirement of the curriculum since 1994. The aim is for all children to leave primary school with a basic ability to swim competently. Requirements are broken down into three; swimming 25 metres, using a range of strokes, knowing how to self-rescue.

According to Swim England, research in 2016, "89% work towards children being able to swim 25 metres; 63% focus on teaching children how to do strokes and 48% focus on water safety."

There is now a new condition requiring schools to publish how many pupils within their year 6 cohort are meeting the national curriculum requirement to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively and perform safe self-rescue in different water-based situations.

Meeting National Curriculum Requirements for Swimming and Water Safety	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	44/60 (73%)
What percentage of your current Year 6 cohort use a range of strokes effectively (e.g. front crawl, backstroke and breaststroke)?	45/60 (75%)
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	21/60 (35%)
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Actions in response to this data:

By providing the lessons and teaching the skills outlined above, St Anselm's Catholic Primary School is meeting its obligations under the National Curriculum, according to the DfE. However, we recognise the benefits of being able to swim and aim for all pupils to achieve the standards. Therefore, although we are not required to offer additional lessons if pupils don't achieve the requirements above, we will:

- Offer extra-curricular 'top-up' lessons for the pupils who need them which will be paid for by St Anselm's Catholic Primary School using our Sports Premium Funding;
- Notify the pupils' parents if the above guidelines have not been achieved by their child.

Target & Key indicators	Actions to be taken	Monitoring Arrangements	Time-scales	Lead staff	Impact 2019-20	Cost
<p>Indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school</p>						
<p>For all children to be active for at least 30 minutes per day at school, excluding PE lessons and break times.</p>	<p>CPD training for all staff on how to increase children’s activity levels during class time, plus a coaching session for each class (see key indicator 3).</p> <p>Tracking poster to be displayed in each class, branded as Active 30:30.</p>	<p>All staff to complete a feedback questionnaire to monitor the effectiveness of the sessions.</p>	<p>Autumn 2019</p>	<p>PE Lead</p>	<p>Staff CPD and coaching delivered October 2019. 100% of staff rated this training as high quality or very high quality.</p> <p>In a survey completed in May 2020, 90% of teachers said that children were more active since the introduction of Active 30:30.</p> <p>Parents’ information session held in March 2020.</p>	<p>£1,100</p>
<p>To implement a means of physical activity for at least 15% of children who are classed as inactive.</p>	<p>Recruit a company who will be able to teach a dance class on Tuesday mornings before school.</p> <p>Assess which children are not as active as others in KS2. Look at progress data for pupils and identify those who are not meeting NC standards.</p> <p>Draw up a list of children who will be attending these sessions.</p>	<p>Observation of morning sessions from the PE Lead.</p> <p>Feedback from pupils on the effectiveness of the coaches.</p> <p>Monitor the implementation of these morning sessions and assess whether they boost physical activity.</p>	<p>Autumn 2019 – Summer 2020</p>	<p>PE Lead</p>	<p>We identified in September that 23% of our KS2 were classified as ‘inactive’, this has been reduced by 15% by the introduction of a weekly Dance Club plus the promotion of existing sports clubs.</p>	<p>Dance club £1,872</p> <p>(Non-Stop Action Tues am)</p>

Children encouraged to live a healthy lifestyle.	Each class to attend a workshop to promote the benefits of exercise and healthy eating.	Feedback from teachers and pupils on the effectiveness of the coaches.	Autumn 2019 – Summer 2020	PE Lead	Workshops held during Healthy Living Week in January 2020. Workshops were tailored to year groups, but in general all children were taught about the amount of sugar found in fizzy drinks and snacks so that they can make healthier food choices. Children were also reminded in a fun and active way of the benefits of exercise.	£1,192.80
Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement						
To raise the profile of Sports Leaders.	Sports Leader and Play Leader vests issued to make them more visible to adults and children in the playground.	All staff to complete a feedback questionnaire on the effectiveness of the leaders.	Autumn 2019	PE Lead	Feedback from teachers on the impact of the Sports Leaders: 100% of teachers think that they have been helpful this year. Some comments about why they have been successful are: <ul style="list-style-type: none"> - The children relate to them; - They increase the children's motivation; - They run well organised playground activities; - They help to organise competitions and they ease the pressure from teachers; - They are engaging and the children enjoy working with them; - There are less disputes on the playground as the children are engaged in the games; - The Sports Leaders themselves have felt responsible and it has increased their confidence and their communication skills. 	£398.25

<p>To raise the profile of dance (LTA).</p>	<p>Recruit a company who will be able to teach a dance class on Tuesday mornings before school.</p> <p>All children to perform a dance to an audience.</p> <p>All staff to attend dance CPD (see key indicator 3).</p>	<p>Observation of morning sessions from the PE Lead.</p> <p>Feedback from pupils on the effectiveness of the coaches.</p> <p>Monitor the implementation of these morning sessions and assess whether they boost physical activity.</p>	<p>Autumn 2019 – Summer 2020</p>	<p>PE Lead</p>	<p>100% of teachers think that the profile of dance has been increased this year. 70% of classes have taught a dance module in their PE lessons this year and 100% included dance in their class assembly (to 20.03.20).</p> <p>Dance Club and 3 Larch were due to compete at the Harrow Dance Showcase, but this has been cancelled. Each class were also due to perform the dance they learnt during their PE lessons for children of other schools in June.</p>	<p>Staff CPD £335</p>
<p>To continue membership of the Harrow PE Learning Hub.</p>	<p>The school will be part of the Harrow PE Learning Hub providing:</p> <ul style="list-style-type: none"> • Access to borough competitions (Level 2 – inter school) throughout the year. • Training support with the PE curriculum and school sport as an extra-curricular offer. • Membership of the Youth Sports Trust (YST) and all the training they can provide (as per previous plans). • Access additional competitions and 	<p>Feedback from PE Lead.</p>	<p>Autumn 2019 – Summer 2020</p>	<p>PE Lead</p>	<p>This has provided us with the opportunity to enter competitions run by the borough. Evidence of our high participation is evident in us meeting the Gold School Games Mark criteria.</p> <p>This funding also enables school staff to attend CPD courses run by the trust.</p>	<p>£1,500</p>

	health and wellbeing programmes.					
Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport						
Subscription PPE for PE planning and assessment to ensure all staff can deliver high quality PE lessons.	<p>Planning support available to all teachers who plan and deliver PE sessions.</p> <p>Share planning support with all staff.</p>	<p>Monitoring of planning.</p> <p>Ensure good coverage of all PE NC objectives.</p> <p>Ensure progression of skills.</p>	Autumn 2019 – Summer 2020	PE Lead	Staff have access to comprehensive planning tools and demonstration videos that enable them to plan effective PE lessons that enthuse and excite the children whilst at the same time boost levels of fitness and improve well-being.	£395
Provide staff with professional development, mentoring, training and resources to help them teach dance more effectively.	All staff to attend dance CPD to enable them to successfully teach a unit of dance to their class during PE lessons.	Feedback from teachers.	Autumn 2019 – Summer 2020	PE Lead	PE Lead attended Dance CPD in February (FOC) and all staff were due to receive the same coaching in March 2020. This will be delivered next year.	£402
For all children to be active for at least 30 minutes per day at school, excluding PE lessons and break times.	CPD training for all staff on how to increase children’s activity levels during class time, plus a coaching session for each class (see key indicator 3).	All staff to complete a feedback questionnaire to monitor the effectiveness of the sessions.	Autumn 2019	PE Lead	Staff CPD and coaching delivered October 2019. 100% of staff rated this training as high quality or very high quality.	

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils						
<p>Coaches to lead at least one unit of lessons for each year group.</p> <p>Teachers to use these sessions as part of their CPD.</p> <p>Basketball and dance specialist coaching with Year 3.</p> <p>Watford FC specialist coaching to work with years 4 and 5.</p> <p>Saracens Rugby and Middlesex Cricket Club to coach Y6.</p>	<p>Specialist coaches to plan and deliver a range of coaching sessions.</p> <p>Coaches to make science links to healthy eating and living a healthy lifestyle. Recap on knowledge about how the body works before, during and after exercise.</p> <p>Teachers to use this as an opportunity to team teach with the coaches.</p>	Feedback from pupils and teachers.	Autumn 2019 – Summer 2020	PE Lead KS2 teachers	<p>Pupils become more knowledgeable of another team sport. Improved well-being and team spirit. Pupils could evaluate their performance and improve as a team.</p> <p>New skills used to compete in intra-tournaments.</p>	<p>Basketball £420</p> <p>Dance £1,152</p> <p>Football £720</p> <p>Rugby £480</p>
Children to receive Bhangra dance coaching.	Specialist Bhangra dance coaches to deliver a session to each class to enable them to try a new form of exercise.	Feedback from pupils and teachers.	Spring 2020	Assistant Head	Feedback from staff and children was very positive.	£810

Ensure that each class completes 1 unit of gymnastics teaching	New gym mats purchased for the teaching of gymnastics and repair existing gym equipment		Autumn 2019 – Summer 2020	Head		£825
Ensure that children are encouraged to be try new sports.	New playground markings and new equipment purchased to ensure that children are encouraged to be try new sports.	Feedback from pupils and teachers.	Autumn 2019 – Summer 2020	Head		£937
Key indicator 5: Increased participation in competitive sport						
To organise and attend sport fixtures, events and festivals.	<p>Increased opportunities to participate in competitive sport within the borough.</p> <p>Increased opportunities to participate in out of school sports.</p> <p>Train pupils in PE lessons to improve skills of competition sports.</p>	<p>Working together as a team – building team spirit.</p> <p>Results from matches and competitions.</p>	Autumn 2019 to Summer 2020	PE Lead Class teachers	8 x borough led competitions have been played, plus 7 x Saints competitions. This included 1x 'B Team' and 1x 'C Team' competition. Further events were scheduled for the Spring and Summer term that were subsequently cancelled. This means that we have met the Gold Award criteria set by the School Games Award.	<p>£452 (for mini-bus)</p> <p>£150 for coach to cross country</p>
To provide opportunities for all pupils to participate and compete in school sport (Level 1/ Intra and Level 2/ Inter).	Complete virtual personal challenges in Autumn and Spring term against other schools nationally.				2x personal challenges have been completed. St Anselm's scored very highly in this national competitions and some classes were awarded with trophies.	£42
To reward children for succeeding at competitions.	Gold, silver and bronze medals awarded to the winners of each event in each class for Sports Day.		Summer 2020	PE Lead	This encouraged the participation of all children, including the children taking part virtually from home. The achievements of the winners could then be celebrated with the whole school as a way of encouraging	£212.20

					all children to compete and become more active.	
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