



# St Anselm's PE Curriculum Map 2022-23



## Statement of Intent

St Anselm's Catholic Primary School aims to provide opportunities for pupils to become physically confident in a way which supports their health and fitness. At the school, we offer pupils the opportunity to compete in sports and other activities, in order to help build character and reinforce values such as fairness and respect.

PE lessons are taught with the following aims in mind:

- PE is not for some, it's for everyone
- Meet the requirements of the National Curriculum
- Promote a healthy and active lifestyle
- Encourage physical activity and exercise
- Develop competence to excel in a broad range of physical activities
- Build self-esteem, confidence and resilience
- Pedagogical adaptations that are made for pupils with Special Educational Needs to access and achieve are specific to the needs of the pupil
- Develop pupils' academic, social and physical ability
- Encourage good behaviour and respect amongst pupils
- Promote teamwork and cooperation amongst pupils.



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Year/Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	<a href="#">Walking 1</a> Locomotion	<a href="#">Hands 1</a> Ball Skills: Throwing and Catching	<a href="#">High, Low, Over, Under</a> Gymnastics	<a href="#">Nursery Rhymes</a> Dance	<a href="#">Feet 1</a> Ball Skills: Dribbling and Kicking	<a href="#">Games For Understanding</a> Games: Attacking and Defending
<b>Year 1</b>	<a href="#">Wide, Narrow, Curled</a> Gymnastics <a href="#">Running 1</a> Locomotion	<a href="#">Body Parts</a> Gymnastics <a href="#">Hands 1</a> Ball Skills	<a href="#">Growing</a> Dance <a href="#">Feet 1</a> Ball skills: Dribbling and Kicking	<a href="#">The Zoo</a> Dance <a href="#">Hands 2</a> Ball Skills: Throwing and Catching	<a href="#">Games For Understanding</a> Games: Attacking and Defending <a href="#">Jumping 1</a> Locomotion	<a href="#">Team Building</a> Team Building <a href="#">Health and Wellbeing</a> ABC (Agility, Balance, Coordination)
<b>Year 2</b>	<a href="#">Dodging 1</a> Locomotion <a href="#">Linking</a> Gymnastics	<a href="#">Pathways</a> Gymnastics <a href="#">Hands 1</a> Ball Skills	<a href="#">Water</a> Dance <a href="#">Feet 1</a> Ball Skills	<a href="#">Hands 2</a> Ball Skills <a href="#">Explorers</a> Dance	<a href="#">Games For Understanding</a> Games: Attacking and Defending <a href="#">Jumping 1</a> Locomotion	<a href="#">Health and Wellbeing</a> ABC (Agility, Balance, Coordination) <a href="#">Team Building</a> Team Building



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Year/Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<a href="#">Symmetry &amp; Asymmetry</a>	<a href="#">Communication &amp; Tactics</a>	<a href="#">Basketball</a>	<a href="#">Tag Rugby</a>	<a href="#">Tennis</a>	<a href="#">Roulers</a>
	Gymnastics	Outdoor Adventurous Activity	Invasion	Invasion	Net Games	Games: Striking and Fielding
	<a href="#">Netball</a>	<a href="#">Handball</a>	<a href="#">Wild Animals</a>	<a href="#">Witches and Wizards</a>	<a href="#">Problem Solving</a>	<a href="#">Athletics</a>
	Invasion	Invasion	Dance	Dance	Outdoor Adventurous Activity	Athletics
Year 4	<a href="#">Communication &amp; Tactics</a>	<a href="#">Netball</a>	<a href="#">Bridges</a>	<a href="#">Space</a>	<a href="#">Problem Solving</a>	<a href="#">Roulers</a>
	Outdoor Adventurous Activity	Games: Invasion	Gymnastics	Dance	Outdoor Adventurous Activity	Games: Striking and Fielding
	<a href="#">Swimming</a>	<a href="#">Swimming</a>	<a href="#">Swimming</a>	<a href="#">Handball</a>	<a href="#">Tennis</a>	<a href="#">Athletics</a>
				Games: Invasion	Net Games	Athletics
Year 5	<a href="#">Football</a>	<a href="#">Health Related Exercise</a>	<a href="#">The Circus</a>	<a href="#">Orienteering</a>	<a href="#">Cricket</a>	<a href="#">Roulers</a>
	Games: Invasion	My Personal Best	Dance	Outdoor Adventurous Activity	Games: Striking and Fielding	Games: Striking and Fielding
	<a href="#">Counter Balance &amp; Counter Tension</a>	<a href="#">Tag Rugby</a>	<a href="#">Hockey</a>	<a href="#">The Greeks</a>	<a href="#">Athletics</a>	<a href="#">Badminton</a>
	Gymnastics	Games: Invasion	Games: Invasion	Dance	Athletics	Net Games



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Year/Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 6</b>	<a href="#">Health Related Exercise</a> My Personal Best <a href="#">Netball</a> Games: Invasion	<a href="#">Football</a> Games: Invasion <a href="#">Matching &amp; Mirroring</a> Gymnastics	<a href="#">Titanic</a> Dance <a href="#">Basketball</a> Games: Invasion	<a href="#">Orienteering</a> Outdoor Adventurous Activity <a href="#">Hockey</a> Games: Invasion	<a href="#">Cricket</a> Games: Striking and Fielding <a href="#">Athletics</a> Athletics	<a href="#">Badminton</a> Net Games <a href="#">Rounders</a> Games: Striking and Fielding