

St. Anselm's 'Parent' Online Safety Newsletter



Date: 26th June 2020

Latest Information

Dear Parents,

The children's online safety newsletter this week is based around keeping safe when using a Playstation 4. I will attach this for you to enable you to support your child in keeping safe when using this game console.

Starting a conversation about online safety with your child can be a daunting task. There are so many reasons why children may not want to talk to adults about it: they may think you don't understand, or won't know how to help if there is a problem. It can be hard to have a conversation about something you might have limited knowledge about. However with screen time increasing, it is so important to be talking to your child about what they are accessing online. Please see the attached PDF for more detailed advice, but some tips are to:

- Ask for their motivation for playing the games they do.
- Cultivate a blame free culture if they were to come across something that scares them or makes them feel uncomfortable.
- Share personal experience.
- Talk about the news around online safety issues.
- Ask others for advice.
- Make time to listen.
- Ask them to be the teacher and show you what they play or use.
- Use school messaging- remind child of the messages they learn in school. Remind them that they can report any concerns using the CEOP website: <https://www.ceop.police.uk/safety-centre/> or they can ring childline: 0800 1111.
- Ask about the risks.
- Ask about responsibilities online.
- Ask about school advice.

Curriculum Content:

Our fourth online safety topics is **Online Bullying**. In KS1, they learn how to behave online in ways that do not upset others. They look at examples of bullying behaviour and how this can make other people feel. In KS2, they examine when bullying online can happen. They talk about how the content they post might affect others and their feelings, and how this might affect their reputation online. Years 5 and 6 describe ways people can be bullied through a range of media (image, video, text and chat) and decide how to get help for somebody who is being bullied online. They look at how to block abusive users, how to report online bullying in the apps and platforms and helpline services that can support them if it is needed. They also look at how to capture evidence of bullying content and how to report concerns both in school and at home.

Useful websites:

<https://www.ceop.police.uk/safety-centre/>

<https://www.childnet.com/resources/looking-for-kidsmart>

<https://nationalonlinesafety.com/guides>

<https://www.bbc.com/ownit>

<https://www.thinkuknow.co.uk>

<https://www.internetmatters.org>