



# St Anselm's PE Curriculum Map 2023-24



## Statement of Intent

St Anselm's Catholic Primary School aims to provide opportunities for pupils to become physically confident in a way which supports their health and fitness. At the school, we offer pupils the opportunity to compete in sports and other activities, in order to help build character and reinforce values such as fairness and respect.

PE lessons are taught with the following aims in mind:

- PE is not for some, it's for everyone
- Meet the requirements of the National Curriculum
- Promote a healthy and active lifestyle
- Encourage physical activity and exercise
- Develop competence to excel in a broad range of physical activities
- Build self-esteem, confidence and resilience
- Pedagogical adaptations that are made for pupils with Special Educational Needs to access and achieve are specific to the needs of the pupil
- Develop pupils' academic, social and physical ability
- Encourage good behaviour and respect amongst pupils
- Promote teamwork and cooperation amongst pupils.



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Year/Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	<a href="#">Walking 1</a> Locomotion	<a href="#">Hands 1</a> Ball Skills: Throwing and Catching	<a href="#">High, Low, Over, Under</a> Gymnastics	<a href="#">Nursery Rhymes</a> Dance	<a href="#">Feet 1</a> Ball Skills: Dribbling and Kicking	<a href="#">Games For Understanding</a> Games: Attacking and Defending
<b>My Personal Best</b>	Thinking Me: Imagination	Healthy Me: Self - Belief	Social Me: Fairness	Thinking Me: Concentration	Healthy Me: Honesty	
<b>Year 1</b>	<a href="#">Wide, Narrow, Curled</a> Gymnastics <a href="#">Running 1</a> Locomotion	<a href="#">Body Parts</a> Gymnastics <a href="#">Hands 1</a> Ball Skills	<a href="#">Growing</a> Dance <a href="#">Feet 1</a> Ball skills: Dribbling and Kicking	<a href="#">The Zoo</a> Dance <a href="#">Hands 2</a> Ball Skills: Throwing and Catching	<a href="#">Games For Understanding</a> Games: Attacking and Defending <a href="#">Jumping 1</a> Locomotion	<a href="#">Team Building</a> Team Building <a href="#">Health and Wellbeing</a> ABC (Agility, Balance, Coordination)
<b>My Personal Best</b>	Thinking Me: Imagination	Healthy Me: Self - Belief	Social Me: Fairness	Thinking Me: Concentration	Healthy Me: Honesty	



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<b>Year 2</b>	<a href="#">Dodging 1</a> Locomotion <a href="#">Linking</a> Gymnastics	<a href="#">Pathways</a> Gymnastics <a href="#">Hands 1</a> Ball Skills	<a href="#">Water</a> Dance <a href="#">Feet 1</a> Ball Skills	<a href="#">Hands 2</a> Ball Skills <a href="#">Explorers</a> Dance	<a href="#">Games For Understanding</a> Games: Attacking and Defending <a href="#">Jumping 1</a> Locomotion	<a href="#">Health and Wellbeing</a> ABC (Agility, Balance, Coordination) <a href="#">Team Building</a> Team Building
<b>My Personal Best</b>	Thinking Me: Imagination	Healthy Me: Self - Belief	Social Me: Fairness	Thinking Me: Concentration	Healthy Me: Honesty	
<b>Year 3</b>	<a href="#">Symmetry &amp; Asymmetry</a> Gymnastics <a href="#">Netball</a> Invasion	<a href="#">Communication &amp; Tactics</a> Outdoor Adventurous Activity <a href="#">Handball</a> Invasion	<a href="#">Basketball</a> Invasion <a href="#">Wild Animals</a> Dance	<a href="#">Tag Rugby</a> Invasion <a href="#">Witches and Wizards</a> Dance	<a href="#">Tennis</a> Net Games <a href="#">Problem Solving</a> Outdoor Adventurous Activity	<a href="#">Rounders</a> Games: Striking and Fielding <a href="#">Athletics</a> Athletics
<b>My Personal Best</b>	Thinking Me: Problem Solving	Healthy Me: Responsibility	Social Me: Co-operation	Thinking Me: Decision Making	Healthy Me: Honesty	
<b>Year 4</b>	<a href="#">Communication &amp; Tactics</a>	<a href="#">Netball</a> Games: Invasion	<a href="#">Bridges</a> Gymnastics	<a href="#">Space</a> Dance	<a href="#">Problem Solving</a>	<a href="#">Rounders</a> Games: Striking and Fielding



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	Outdoor Adventurous Activity  <a href="#">Swimming</a>	<a href="#">Swimming</a>	<a href="#">Swimming</a>	<a href="#">Handball</a>  Games: Invasion	Outdoor Adventurous Activity  <a href="#">Tennis</a>  Net Games	<a href="#">Athletics</a>  Athletics
My Personal Best	Thinking Me: Problem Solving	Healthy Me: Responsibility	Social Me: Co-operation	Thinking Me: Decision Making		
<b>Year 5</b>	<a href="#">Football</a>  Games: Invasion  <a href="#">Counter Balance &amp; Counter Tension</a>  Gymnastics	<a href="#">Health Related Exercise</a>  My Personal Best  <a href="#">Tag Rugby</a>  Games: Invasion	<a href="#">The Circus</a>  Dance  <a href="#">Hockey</a>  Games: Invasion	<a href="#">Orienteering</a>  Outdoor Adventurous Activity  <a href="#">The Greeks</a>  Dance	<a href="#">Cricket</a>  Games: Striking and Fielding  <a href="#">Athletics</a>  Athletics	<a href="#">Rounders</a>  Games: Striking and Fielding  <a href="#">Badminton</a>  Net Games
My Personal Best	Thinking Me: Problem Solving	Healthy Me: Responsibility	Social Me: Co-operation	Thinking Me: Decision Making		
<b>Year 6</b>	<a href="#">Health Related Exercise</a>  My Personal Best  <a href="#">Netball</a>  Games: Invasion	<a href="#">Football</a>  Games: Invasion  <a href="#">Matching &amp; Mirroring</a>  Gymnastics	<a href="#">Titanic</a>  Dance  <a href="#">Basketball</a>  Games: Invasion	<a href="#">Orienteering</a>  Outdoor Adventurous Activity  <a href="#">Hockey</a>	<a href="#">Cricket</a>  Games: Striking and Fielding  <a href="#">Athletics</a>  Athletics	<a href="#">Badminton</a>  Net Games  <a href="#">Rounders</a>  Games: Striking and Fielding



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				Games: Invasion		
My Personal Best	Thinking Me: Problem Solving	Healthy Me: Responsibility	Social Me: Co-operation	Thinking Me: Decision Making		